



Draw and Grow

Creative Art Classes for Children (Years 1–6)

Create • Imagine • Express • Grow

Children of **all abilities and artistic backgrounds** are warmly welcome.

Led by a **qualified Physiotherapist** and **Art Therapy student**, Draw & Grow is inspired by growing evidence showing that creative activities can support children's **confidence, self-expression, emotional wellbeing, and resilience**.

These classes combine **fine art techniques** with imaginative, child-led creativity, giving children the opportunity to explore different artistic skills while bringing their own ideas to life on paper in a relaxed and encouraging environment.

Cost

£13 per session, Booked for the block from w/c7 September till w/c 7 December 2026

-half term: W/C 26 October

-INSET DAY FRIDAY 27 November

Paper/canvas and basic art materials are provided.

Children wishing to explore specialist materials (such as watercolours or Gouache other advanced media) may be asked to bring their own supplies for selected projects.

To book or find out more:

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