

**Prior Learning:** In Year 2, children were introduced to some fundamental basketball skills. They learned different ways of throwing and catching. They learned to shoot a ball in various targets. They also played some adapted invasion games which introduced some key netball skills.

## Physical Me

**Throw**

**Agility**

**Catch**

**Balance**

**Dodge**

**Co-ordination**

**Run**

**Jump**

**Control**

**Speed**

## Key Skills

### Thinking Me

- To make decisions in the game

### Social Me

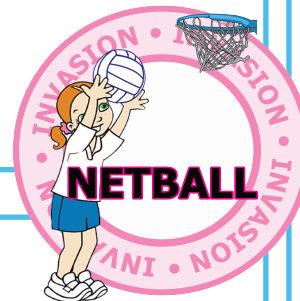
- Communication  
- Encourage  
- Collaboration

### Value Me:

- Honesty  
- Courage

### Healthy Me

- Warming up  
- Effects of exercise on your body



## Bee Netball Flier Game Rules:

### No of players in a team:

Only 4 on court at a time

**Start the game:** In the middle of the court. Alternate centre pass after goal has been scored

**Pass:** You MUST pass the ball within 4 seconds

### Footwork:

When you receive the ball you can take up to two steps after your first foot has landed.

### Goal:

Is scored by the ball going through the net. Points can be added by hitting the rim of the net.

### Defending:

- Defending the ball in a players hands is not allowed

- One jump to intercept a throw or shot is allowed  
- You must be 0.9m away.

- You can not Jump up and down in front of a player

### Contact:

Not allowed to touch an opponent

## Key Vocabulary

Dodge

Chest pass

Receiver

Rules

Bounce Pass

Jump Stop

Stride Stop

Mark

Held Ball

## Key Knowledge

**Jump stop** - Landing two feet at the same time (you can pivot on either foot)

**Stride stop** - Landing one foot after another (the landing foot is the one you pivot on)

**Dodge**- Moving away from your opposition to get free for a pass.

**Held Ball**- Holding the ball for longer than 4 seconds -ball goes to the other team

