

Prior Learning: In early years, children experimented with different ways of moving to music. Children learned through dance to negotiate space and obstacles safely; with consideration for themselves and others.

Key Skills



Physical Me:

Co-ordination	Gallop
Balance	Jump
Agility	Hop
Speed	Roll
Control	Turn
Skip	Leap



Thinking Me

- To improve my dancing
- Remember dance movements



Value Me:

- Teamwork



Social Me

- Co-operate with others
- Respect others performing



Healthy Me:

- Perform movements safely
- Warm up

Key Vocabulary

Time

Start

Finish

Levels

Action

Directions

Travel

Key Knowledge

Timing - Listen to the music, use counts to help you keep in time

Traveling - To move from one place to another

Levels - The three levels of dance movement are high, middle, and low

Perform - Dance has a **start**, **middle** and a **finish** just like a story/children's written work

Direction - Is where the dancer is facing or moving e.g. forwards, backwards, sideways, circular.



Progression of Key Knowledge:

- Time - I know that if I listen to the time of the music/tambourine, it helps me move with it
- Control - I know that control is making a dance look strong e.g. strong actions and balances
- Relationship - I know that I can dance in different ways with a partner, e.g side by side, face to face
- Space - I know how to move around an area with my body at different levels
- Dynamics - I know that I can move at different speeds when dancing
- Stimulus - I know how to explore movements in response to a story/theme