



Curriculum – P.S.H.E

Intent:

At Potten End Church of England Primary school, we aim to nurture pupils who are secure, confident, resilient, equipping, kind, respectful children who have a voice and understand the importance and responsibility of having that voice.

Implementation:

PSHE is taught in each class on a weekly basis. In order to deliver the core themes, we use the Jigsaw PSHE scheme. Through using Jigsaw our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.

The Jigsaw PSHE scheme of work is taught through weekly sessions, and is embedded through the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning. All lessons include time for mindfulness activities where children practise breathing and focus. There are 6 Jigsaw Puzzles (half-termly units) designed to ensure the whole school can study the same learning theme at the same time. They are carefully planned and resourced so that each year group works at its own level. The Puzzles work in sequence and develop throughout each academic year.

The 6 units are:

- Being Me in my World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

We place a strong emphasis on Growth mind set which we use to promote perseverance and resilience in our children. This is woven through all curriculum areas and we have days dedicated to focussing on it, where the children are encouraged to reach for the challenge and understand that to learn we need to make mistakes and help each other to find the answers. The children take part in enrichment opportunities during dedicated weeks for example 'feeling good week' where we have run workshops that focus on growth mind set, children's mental health, mindfulness, self-belief and courage. This all helps us to strive towards helping each child to achieve their full potential in PSHE and be ready for their next stage in learning and inspire aspirations for their future career paths.

Impact:

The impact of teaching PSHE in this way is that children develop an awareness of themselves and the part they play in the relationships they develop. Children have a better understanding of mental health and how they can have a positive impact on others and the world around them.

We use a variety of ways to find out what the children know. Teachers frequently question children throughout lessons to gauge learning and understanding, particularly at the beginning and end of a lesson. We encourage the children to talk and to share ideas and experiences and their comments are noted. Children may record their learning and photographic evidence is collected. Monitoring includes scrutiny of work and interviews with pupils. These ensure curriculum coverage and show children's attitude to learning and the quality of learning.