

MULTI CHOICE

Week Commencing: 22nd April, 13th May, 10th June, 1st July, 22nd July, 2nd September, 23rd September, 14th October

Menu Week One

Monday

Pasta Bolognese with Tri Colour Pasta
Sweet Potato Slice with Tri Colour Pasta **V**



Tuesday

Lamb Flatbread with Rice
Jacket Potato with BBQ Beans **V**



Wednesday

Roast Chicken with Sage and Onion Stuffing and Roast Potatoes or Wholemeal Pasta
Sage and Onion Quorn Pieces with Roast Potatoes or Wholemeal Pasta **V**



Thursday

Burger in a Bun with Diced Potatoes or Wholemeal Bread Wedge
Beany Pasta Bake with Diced Potatoes or Wholemeal Bread Wedge **V**



Friday

Fish Fingers with Low Fat Chips or Wholemeal Pasta
Cheese and Tomato Pizza with Low Fat Chips or Wholemeal Pasta **V**



Menu Week Two

Week Commencing: 29th April, 20th May, 17th June, 8th July, 9th September, 30th September, 21st October

Monday

Chicken Meatballs with Gravy and Savoury Rice
Sticky Vegetarian Sausages with Savoury Rice **V**



Tuesday

Beefy Joes with Potato Wedges
Quorn Pattie with Potato Wedges **V**



Wednesday

Roast Pork with Apple Sauce and Roast Potatoes or Wholemeal Pasta
Vegetarian Lasagne with Roast Potatoes or Wholemeal Pasta **V**



Thursday

Chicken Pie with New Potatoes or Rice
Sweet Potato Curry with New Potatoes or Rice **V**



Friday

Fish Fillet with Low Fat Chips or Wholemeal Pasta
Pizza Whirl with Low Fat Chips or Wholemeal Pasta **V**



All our milk is organic - fresh from the dairy

Menu Week Three

Week Commencing: 6th May, 3rd June, 24th June, 15th July, 16th September, 7th October

Monday

Fish Goujons with Potato Wedges or Garlic Bread
Macaroni Cheese with Potato Wedges or Garlic Bread **V**



Tuesday

Sausages with Onion Gravy and Creamed Potatoes
Vegetarian Roll with Creamed Potatoes **V**



Wednesday

Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta
Tomato Bolognese with Roast Potatoes or Wholemeal Pasta **V**



Thursday

Ratatouille Pork with Diced Potatoes
Quorn Hot Dog with Diced Potatoes **V**



Friday

Salmon Pinwheel with Low Fat Chips or Wholemeal Pasta
Cheese and Tomato Pizza with Low Fat Chips or Wholemeal Pasta **V**



Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

Some photographs depicting portion sizes and / or garnishes have been used for illustration purposes only. All meal prices are set by individual schools and are subject to local variations.

All our milk is organic - fresh from the dairy

FIND MORE ONLINE

WWW.HCL.CO.UK



HELPING YOU TO FIND MORE ONLINE

Our new website was launched last autumn. It has some great features, such as our new menus, how to apply for a specific allergy menu and answers to questions that you have; plus lots more.

ACCESSING YOUR SCHOOL MENU ONLINE

The HCL website allows you to look up your school menu online, simply by searching for your school. You will find...

- Three Week to View menus
- The menu for the current week
- The menu for any given day
- The ability to rate dishes online

CULTURAL, LIFESTYLE & ALLERGY MENUS

By visiting specialmenu.hcl.co.uk you can make an application for a special cultural, lifestyle or allergy menu for your child. The system is completely digital; meaning the application process is quick, easy and secure.

WANT TO WORK FOR HCL?

On the HCL website you will find our brand new vacancy application system – simply click 'Join HCL' in the navigation bar and you will be able to:

- Search for jobs in your area
- Create an online application quickly and easily
- Save your application online so that you can apply for other roles
- Keep up to date with the status of your application

ANY QUESTIONS?

The new HCL website has many answers to some of the most frequently asked questions. To find out more visit hcl.co.uk and go to the parents page where our FAQ's can be found.

FREE SCHOOL MEALS

As part of the Government's Universal Infant Free School Meals (UIFSM) Scheme, all Infant Pupils (Reception, Year 1 and Year 2) are entitled to a free lunchtime meal.

It's really important that parents continue to register for benefit related school meals. Every eligible pupil who registers under the entitlement criteria enables their school to receive additional Government funding (Pupil Premium), which can support whole school activities for everyone.

Visit www.hertfordshire.gov.uk and search for 'Free School Meals' or visit <https://www.gov.uk/apply-free-school-meals> for more information and other county applications.

OUR FOOD

- Two days per week the main dessert option is fruit
- 'Best of Both' - Freshly Baked Bread Daily
- HCL has a sugar reduction programme in place and many of our desserts have been re-engineered to include 50% fruit
- There are at least 2 hot vegetable options and several salad options available each day and Pupils are able to have unlimited vegetables or salad every day
- HCL is fully compliant with the Government's School Food Standards and holds the Silver Food for Life accreditation, which recognises the work we do in ensuring we offer dishes that use local, seasonal, organic and fresh produce - whilst at the same time using high welfare meat, poultry and sustainable fish



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Whilst we make every effort to provide the advertised menu, this is subject to local variations and unforeseen circumstances, such as weather, failed deliveries or other situations where HCL has no control. We apologise in advance if this happens.

