



DENS Harvest Shopping List 2015

Food:

Rice
Vegetables (tinned)
Hot meat (tinned)
Cold meat (tinned)
Tuna (tinned)
Fruit (tinned)
Rice pudding (tinned)
Sugar (500g or 1kg)
Coffee
Teabags
Sponge Puddings
Instant Mash
Cereal bars
Chocolate
Biscuits
Milk (long life)
Fruit juice (1L long life)
Spreads (not jams)
Squash
Soup (tinned)
Tomatoes (tinned)
Cooking sauces (pasta & curry)

For use within DENS services:

Strong black bags
Washing powder
Toilet cleaner
Antibacterial cleaning spray
Furniture polish
Air freshener
Floor cleaner
J cloths
Washing up liquid
Antibacterial liquid soap
Bathroom cleaner
Toilet rolls
Shower gel
Kitchen roll
Tin foil & Cling film
Rinse Aid
Dishwasher salt
Deodorants (men & women)
Sanitary items
Socks & underwear (men & women)

Please note that all products must have a best before date of 2016 onwards.

All of these items will be used to help those in need across DENS services, supporting the Elms Emergency Accommodation, Day Centre and Foodbank. **Thank you for your support!**
For donations/deliveries: The Hub, Paradise, Hemel Hempstead HP2 4TF
Weekdays 10am-12pm T: 01442 250969 E: office@dacorumfoodbank.org.uk
www.DENS.org.uk Charity No: 1097185